

What color is your personality? Personality Traits Test

Student Copy/Instructions This questionnaire describes forty different personality traits grouped together into four sets of ten statements each. Read each statement and circle the number that most naturally describes how often that personality trait applies to you. Add the values of the circled numbers for each set of ten traits. Enter the total for those ten traits in the appropriate total score space provided at the bottom of each side of the page. Your highest trait total score is your core personality color. Knowing your "core color" is a key to a better understanding of yourself and others.

Personality Color 1	Never	Seldom	Sometimes	Often	Most of the time	Always
I thrive on action and adventure.	0	1	2	3	4	5
I seldom plan ahead. I dislike too much structure in my life	0	1	2	3	4	5
I am naturally impulsive. I prefer to be spontaneous.	0	1	2	3	4	5
I welcome change and variety.	0	1	2	3	4	5
I naturally like to take risks.	0	1	2	3	4	5
I am competitive by nature. I go all out to win.	0	1	2	3	4	5
I seek to create excitement in my life.	0	1	2	3	4	5
I believe the purpose of life is to be enjoyed.	0	1	2	3	4	5
I am naturally playful. I have a good sense of humor.	0	1	2	3	4	5
I value physical skillfulness more than intelligence and /or sensitivity.	0	1	2	3	4	5

Personality Color 1

Total Score _____

Personality Color 2	Never	Seldom	Sometimes	Often	Most of the time	Always
I seek to create harmony and cooperation among people. I hate conflict.	0	1	2	3	4	5
Relationships are the central focus of my life.	0	1	2	3	4	5
I naturally care about others' feelings and want them to care about mine.	0	1	2	3	4	5
I need to feel important and significant to those I care about.	0	1	2	3	4	5
I believe life must be meaningful. I try to make a difference in the world.	0	1	2	3	4	5
Harmony is essential in order for me to be productive and happy in life.	0	1	2	3	4	5
I need authenticity and honesty in my relationships.	0	1	2	3	4	5
I like to be seen as different and unique. I desire to express my true self	0	1	2	3	4	5
I am a true romantic. I enjoy being affectionate and loving in my behavior.	0	1	2	3	4	5
I seek to develop the potential of others so they can be their best.	0	1	2	3	4	5

Personality Color 2

Total Score _____

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Personality Color 3	Never	Seldom	Sometimes	Often	Most of the time	Always
I am driven to understand things and events using logic and analysis.	0	1	2	3	4	5
I need to be valued for my knowledge and expertise.	0	1	2	3	4	5
I am good at developing strategies to solve problems.	0	1	2	3	4	5
I seek to develop competence in others and myself. I value intelligence.	0	1	2	3	4	5
I believe the purpose of life is to be successful at whatever one does.	0	1	2	3	4	5
I am an abstract thinker. I live in a world of ideas. I enjoy thinking	0	1	2	3	4	5
If asked for my opinion, I am likely to offer constructive criticism.	0	1	2	3	4	5
I like to think about how things work – “cause and effect” relationships.	0	1	2	3	4	5
My head rules my heart. Logic is more important than feelings.	0	1	2	3	4	5
Others often see me as cool and unemotional. I dislike being emotional.	0	1	2	3	4	5

Personality Color 3

Total Score_____

Personality Color 4	Never	Seldom	Sometimes	Often	Most of the time	Always
I am naturally organized. I need order and structure in my life.	0	1	2	3	4	5
I need to be valued for being responsible, hard working, and dedicated.	0	1	2	3	4	5
I naturally respect authority and follow the rules.	0	1	2	3	4	5
I seek to develop responsibility and good behavior in others and myself.	0	1	2	3	4	5
I believe the purpose of life is to work hard and do what is right.	0	1	2	3	4	5
I am a practical person. I have a strong need for security.	0	1	2	3	4	5
I cherish the traditions of home and family and try to uphold them.	0	1	2	3	4	5
I like to make lists and follow them so I can get lots of things done.	0	1	2	3	4	5
I have a strong sense of right and wrong.	0	1	2	3	4	5
I usually plan ahead. I like stability and predictability in my life.	0	1	2	3	4	5

Personality Color 4

Total Score_____

Colors of Personality Traits Color Styles Chart

Yellow (Personality 1)

- **Expects quick action**
- **Assumes flexibility**
- **Works in the here and now**
- **Flexible Approach**
- **Welcomes change**
- **Institutes change quickly**
- **Expects people to "make it fun"**

Blue (Personality 2)

- **Expects others to express views**
- **Assumes a "family spirit"**
- **Works to develop other's potential**
- **Democratic unstructured approach**
- **Encourages change by human potential**
- **Provides time for development of a sense of security during change**
- **Expects people to develop potential**

Green (Personality 3)

- **Expects intelligence and competence**
- **Assumes task relevancy**
- **Seeks ways to improve system**
- **A visionary**
- **Analytical approach**
- **Encourages change for Improvement**
- **Constantly "in process" of change**
- **Expects people to follow through**

Red (Personality 4)

- **Expects punctuality, order, and loyalty**
- **Assumes there is a "right" way to do things**
- **Seldom questions tradition**
- **Is rules oriented**
- **Detailed/thorough approach**
- **Threatened by change if not proven "right"**
- **Prolonged time to initiate any change**
- **Expects people to play their roles**

1. Yellow Total Score _____

2. Blue Total Score _____

3. Green Total Score _____

4. Red Total Score _____